## 28. Exercise

Enveloped in the vibration of prayer, in the love for all people that have ever met your path, and beyond that of all of your brothers and sisters on this earthly globe, the purely spiritual world is especially near to you. I, JESUS CHRIST, am in the midst of you.

I guided you through your conversations, and it makes Me happy how open you were with one another. I can only describe to you, for you cannot yet see it, how liberated your souls are by the events of this evening. Recognition will grow deeper and feelings of guilt will dissolve.

My beloved sheep, I call you thus consciously today, in connection with the Christian community, which holds in its hands the shepherd's staff as ruling scepter.

You recognize by My words that I clearly see the worldly power and do not approve of it. However in the way that you have worked out the **task** of that power, I will show by My revelation that the spiritual task is thereby also fulfilled. And some day, in not such distant future, the recognition will grow that there is only one shepherd on this earth. The shepherd never left His sheep, but called them in their innermost being, accompanied them wherever their various paths led them - even by way of the institution Church.

The focal point of this evening was clearing your past, clearing away your guilt feelings, which you had developed due to your upbringing in the realm of the Christian churches and by the so-called confession, because you had not confessed all your sins. This **seeming** sin was a burden upon your hearts up to this day. And let me emphasize: the seeming sin or guilt.

You also said that you disavow this god the Church had created and that you do not give honor to that god. Even though, it is GOD Who is being honored in that church.

It is GOD Who blesses the little children when they are brought - as you believe - to the baptism service, even though the latter is not right, as the children are not first asked as to their preference. But if you look more deeply into the secularized symbolism of baptism, you will recognize behind the external actions, behind the outer glitter, the one FATHER, the one GOD, Whom you can honor, even as Church-Christian. Do understand Me right: It is the FATHER Who is blessing His child that enters the world of this earth and that is presented by his believing parents, to HIM the ALL-ONE, even if behind that faith as well lies the seeming original sin, which is to be washed away.

However, when you look into the symbolism you will recognize the SPIRIT of love and life. The water flows over the small head as symbol of the spiritual life, in the sign of the cross: "You little child, be a Christian. Come into the community of those who follow Me, the LORD, and who live love."

And whatsoever you have experienced in the following years with people, who call themselves priests, is partially your own past that has come toward you. The soul consciously took upon itself the dissolution of its karma at a young age, because as children you cannot fight it. As adults you simply turn your back on that church and say, you want nothing more to do with it.

Recognize, in that case you have simply turned your back on your own shadow! These shadows cannot be lifted until you are willing to look at them, and are willing to forgive with honest heart those who have sinned against you in the present incarnation. However, be also willing to ask for forgiveness all those upon whom you have inflicted injury when you wore the cleric's garb.

Since you are GOD-seekers, I assure you that you have not only in this incarnation begun this path, but have also been seekers in previous ones. Since you have left the heavens, you have been eager to return to the light. The search had to lead by way of the institution Church, for there was no other opportunity, unless you had decided to seek GOD in a natural religion. However, for many of you this seemed too primitive, and you saw as your mission the great task, that is, to help this church find its way back to its original position, that is, to once again be a church of the inner being and of community, where every one helps his neighbor.

But when you yourselves had reached a position of leadership, you forgot your previous resolution, for to hold power in one's hands without taking advantage of it is very difficult.

If you still have difficulties with your emotions, I am offering you My help. Come to Me, I am love. I am HE WHO has called you time and again. Even in this institution I was the ONE WHO touched you time and again by way of the symbolism in that institution, the ONE WHO called you via sensations, which is the language of the soul, and WHO in the last analysis showed you the way in the present incarnation, so that you would find the way to the ORIGINAL CHURCH, which is alive in you.

My faithful students, it was people who placed people upon the throne. It was people who adored By the grace of your FATHER, which is at work at all times people, because he or she was animated with My SPIRIT. And so, little by little the institution was fashioned, which developed its own life and burdened itself in later centuries. But as I have already said, by your emotions you can recognize if you were involved with it.

I wish for you a wide and loving heart, to understand and to forgive everything! By your understanding and forgiving the guilty of your present life you are at the same time forgiving By the grace of your FATHER, which is at work at all times yourselves for your guilt from previous incarnations.

Recognize: your feelings of guilt, coming from strict religious up-bringing, have no verity, because your seeming guilt is no guilt before Me, WHO AM LOVE, for your [church-] laws do not count with ME. With ME there is only one law, the law of love.

Only when you have sinned against the law of love have you encumbered yourselves with burden. However, there is at the same time for you the opportunity to make amends by giving love.

That which heavily burdens you, for instance, any events of which you know that you have broken the law of love without being able to change it, because you no longer have the opportunity to ask for forgiveness or making amends; all such matters are recompensed by the grace of your FATHER, which is at work at all times.

At the same moment you earnestly and with much remorse ask for forgiveness, your burden is taken from your souls. Only in very grievous or burdensome cases will you be brought face to face - in the soul spheres - with the one whom you had grievously burdened (injured), so that the soul is given the opportunity to forgive you.

Know that in the light of eternity the appropriation of guilt or sinfulness looks quite different many times! In the light of eternity the FATHER sees the child who tries, and He will extend His hand to the fallen one and will lift him or her up.

There is no need of an external confession! The confession of the heart, the penitence and contrition and the will not to repeat the offence - all these count with GOD, the eternal FATHER. And therefore, many church laws are not MY laws. Yet I, Jesus Christ, am within those churches as well.

What kind of GOD would I be - in the unity with the FATHER - if I were not also operating within the institutions, if there would not also be countless incarnated messengers of light, who would guide all these institutions back to what they once were, the devoted love for Me, JESUS CHRIST. It was devotion unto death; sacrificing the human being for My name's sake; the devotion toward their fellow-man, sharing their gifts with their neighbors so that they, too, might not be without and not need suffer hunger or cold.

Recognize the basic reason for Christianity! This primordial reason is not silent, even in the churches and was never silent. Even during the most appalling times of this institution there were people who tried to bring light into the dreadful darkness, a darkness that came to be through those who opposed the love and still are opposed to it, through those who wanted to explore the darkness. Where there is light, My beloved students, there is also darkness. And wherever there is much light, there is also much darkness!

You yourselves, My sheep, will get to feel it during your continued walk on your path, for the more light-filled your being is, the greater will also be your opposition and also your fight.

However, by then you will be strengthened enough and will overcome the battle victoriously, just as victoriously as My church, the PRIMORDIAL CHURCH will come out of the battle victoriously. [There will be] ONE SHEPHERD AND ONE FOLD, no matter what the religion or skin color may be, no matter what nation.

There will be a CHURCH OF LOVE. All the faithful will extend their hands to one another, for only love will maintain you, will guide you into new being. This recognition will come, for I am leading all My sheep on all of the Earth.

In the past I have said to you: "Do not judge!" Whenever you judge and have opinions about others, you are judging yourselves. This has verity in all spheres of your daily life. When you judge injustice, examine yourselves how often you treat others unjustly! When you judge cynical or cruel people without asking yourselves why they have become that way, then you yourselves are still in the sphere of vibration of cynicism or cruelty. Examine yourselves carefully! Watch yourselves, for you are in the midst of your exercise!

And now I come back to the beginning of this revelation, an exercise which frees your soul from all the burdens, such as your guilt feelings. Place them all on the altar of love in your innermost being! There, the fire of DIVINE ORDER burns brightly. Everything that is not in order will dissolve in this radiant light, as long as you are willing to recognize the disorder in yourselves and to turn it over to the flames of love. I will help you with it.---

Even by your dreams I will show you why you condemn and pass judgment - insofar as this is necessary. But know that it is not easy to look into the past. I advise one or the other of you to first ask for forgiveness. For if you do not avail yourselves to looking into your own shadowy side by seeing yourselves in the reflection of your neighbor - and be it even the institution - then you may gain a glance into the past, but this can lead you into a state which is deplorable for you.

For truly deplorable things have happened in the belief to do good. It is wise and merciful, that the past has been covered over in your present incarnation, so that are able to walk the new path freely and joyfully. This new path is not only your new life, but every day that you receive as a gift.

With every day you can dissolve all that lay in the past, by making the decision here and now to put a stop to your emotions, by recognizing yourselves in them. In the here and now all guilt and burdens dissolve, no matter how heavy it once may have been. For, consider, in another incarnation you may have already begun with the expiation of your burdens. It is only leftovers that still vibrate in you and that show you that it is high time to relieve the soul, to loosen it of its shackles.

My faithful ones, it is time, I need you. You must become free, for by your deliverance I can lead you to wisdom, which will reveal creation for you and will let the walls crash, which up to now still cause you to beat your head against them.

But as long as you are still walking through the fire of Order, your soul will be shackled. It is also shackled by your own self-will - for it too must be sacrificed so that the ALL-ONE that is in the unity with Me can irradiate you in order for you to come to wisdom through recognition, and so that I can take you by the hand Myself, each and everyone of you, and lead him to deeper spheres of his soul and into higher spheres of awareness, from which you will then work and can be of help, so that there can be one shepherd and one fold.

And so may you take on the next three years now, just as you have been doing with the others. You know how, just take the exercises deeper, I beg of you; for the deeper and more conscious you execute these exercises, the more your soul frees itself of all its excess ballast, which you carry with you still. My beloved sheep I, JESUS CHRIST, GIVE YOU ABSOLUTION for everything you turn over to Me. My love and My understanding are boundless. And so may your love and understanding become boundless as well!

## Amen

YOUR LIGHT, O LORD, shines everywhere!