

## 24. Exercise

By going back in time to your infancy, you have come to faintly fathom how it once was in the heavenly spheres and how it will be again. Gently, I, JESUS CHRIST, guided you across the levels of your development here, in the earthly realm and thereby I have guided you to your commission, which is calling on you in your inner being, for the FATHER calls His child: "Come, My son, My daughter, come home by fulfilling what you have promised."

That is why you have this sensation that the angels are near you, that they surround you - it is so! Not only have your guardian angels accompanied you here. There are manifold souls present from the in-between-spheres; as they have been brought here in order to understand with you the teaching of love and in order to actualize it even in the in-between-spheres and thus take the levels upwards toward the FATHER'S HOUSE.

When you gaze upon a sleeping infant, you will quite often see a smile come upon its features - while its soul is still in paradisiacal spheres. By this I do not mean the pure heavens but the in-between-spheres, which are meant for those of My children who have tried to live love in their past incarnations; the in-between-spheres hold also purely spiritual beings just before they are to enter yet lower spheres and finally the depth, in order to take on an earthly incarnation for the purpose of helping to carry the cross of the world.

From earlier revelations, you know that very many beings of light from the pure spheres are now helping. Now, during the end phase of the great work of Home-bringing in the vineyard of love, they want to help bring home the throng of children [to the FATHER].

And if you continue to intensively occupy yourselves with this task of your infancy-age, all in accordance with your free will, in time very sensitive areas will open for you, and your consciousness will open for events that happened in past incarnations. Depending on how long you stayed in the in-between-spheres between your incarnations, your reminiscence will enter into your [waking] consciousness more or less intensively.

Also, as you have already experienced and as I have foretold it to you, you have occasionally awakened in the morning in a state of sadness. And you have reacted correctly by coming to Me with your sadness. You see, it is not only the sadness which has taken hold of you in this or that one of your infancy ages, stemming from having left the paradisiacal sphere in order to repeat one additional earthly incarnation. It is at the same time your sensitivity, which perceives the Earth's mourning, therefore the vibration of mourning upon all of Earth and all its beings living thereon.

In your inner being you have answered 'yes' to the question of helping to carry the cross of the world, and this readiness to do so is what awakens in you the woe and suffering that is going on upon this planet, in all forms of life.

This woe will only later turn to joy for you, will cause you to expand your consciousness beyond this earth, and out of this cross of woe and suffering, there will develop the cross of joy, causing the bridge between My fallen children and My innermost heart. As I have already told you, you will then see this cross set up in a light-filled state and equipped with steps. When you have reached this level, all ongoing suffering is transformed to joy, the joy of returning; for wherever there is suffering, there is also cleansing, is homecoming.

Walk at My hand, step by step, for everyone among you has a different consciousness - one more open toward a specific direction and another in a different one. This is not meant as a determination of worth - it is how you can indeed help one another. If you were all at the same level of consciousness, how could you possibly be help and support for one another?

Recognize that Earth has become this wonderful schooling planet, this Earth School, because countless consciousness levels meet here. Recognize by My wisdom that in the in-between-spheres like is [living] with like! You have all possibilities here on earth. That is why also the eternal truth can be grasped here on Earth much more in the multiplicity of the different religions.

When you bring together the truths from all religions, in all communities, and from all books of wisdom you will have many facets from the great gem of eternally-holy truth, and not only one.

**My Light of Wisdom shines in all religions, in all communities, and the return journey can be accomplished everywhere, by virtue of unity and BY VIRTUE OF THE LOVE THAT I AM.**

Upon coming to Earth as JESUS, I taught no new religion. I said expressively, that “I have not come in order to annul the laws of Moses but in order to keep and deepen them. I am come in order to teach you love, and o n l y LOVE.” **He who lives love is Christian, follows Me, no matter what his religion might be.** Only when you find your way to unity, you, and all of you who feel addressed by this, can the eternal Jerusalem rise in spirit and can finally receive the returning children.

One or the other among you felt safe as infant, carried by love. There, the soul has already understood that I, the eternal ALL-ONE IN JESUS CHRIST am carrying My child. The Light encompassing you during meditation is My light of love. As JESUS, I truly want to be your friend and brother at your side; for I know how hard the path is for you sometimes, before it has become the shining steps of joy.

During your infancy age your soul was still bound more with the paradisiacal in-between-spheres than with your body. That is why the infant sleeps so much more than the human child afterward, which grows up by and by, needing less and less sleep. During sleep, also called the ‘little death,’ the soul extricates itself even now, in order to visit the in-between-spheres and in order to help there with the work of home-bringing.

The more you will grow into your task, the more you raise your consciousness, the stronger becomes the power of your soul, and it can also minister to others in love, during your waking consciousness on several levels.

Recognize, My beloved Friends, how wonderfully this path is! Recognize that even in sadness and sorrow there lies hidden within the joy, as I have showed you.

Recognize that your souls are in part still as helpless as infants, but that they want to set themselves free of all the obstructions called human being, in order to grow and expand in their consciousness and in order to leave the human physical shell. They want to expand, becoming wide in the widths of creation, encompassing everything in love. Recognize that by having begun this schooling, you are allowing your soul to develop in small steps so that you will be able to accomplish that, which you have once promised.

Because of this, you should help one another, should become freer in your prayers, for already by your prayer My light begins to stream, which will raise your inner being and will illumine it. My gifts are thus awakened in you, which you then freely pass on to those who are with you.

By your prayer, My firstly timid “I AM WITHIN YOU” begins to rise in you. When you open your hands, which allows the light of love dwelling in each of you to stream as light across the entire Earth, you will feel a pulsating in your hands, will feel warmth. It is My radiating love-power, which also wants to flow through you in the form of healing rays. So many things on Earth need healing. May you be of help and support for all that, which was injured at the side of the road at your right and left, be it physically or mentally. - Sense the pulsating power that flows through you! - Let Me flow in and through you! Verily, heaven is among you!

If it is your will, intensify the streaming of My healing power in and through you in meditation! Let Me also pray through you in mediation! Let your soul speak with ME in meditation! Let it jubilate, praise and glorify, just as one or the other of you has been full of joy in infancy!

Let the sensations in you gain room! In your early youth, your thoughts as well as the intellect, which was imposed upon you much later, were not there. For you still lived in the world of sensations, you lived in the language of the heavens. Let this language once again gain room in you! Why do you think I said: “If you do not become like the little children, you cannot enter the kingdom of heaven?”

I have already explained to you that this does not mean you should become childish, but child-like, of child-like mindsets, full of trust, full of devotion to feel loved in a cosmic safety. By this, you will find your way to love, to yourselves, at any age.

Perhaps you will be able to catch such a blissful smile of an infant, who is just being rocked by Me, allegorically speaking. Perhaps, the smile of the sleeping child will break through the barriers your intellect has created for you, and you will once again be in touch with your soul's world of sensations, with the language of the heavens.

May this be your **task** until next time, and I am addressing once more the diary, it will help you to work with each other in community.

My love and mercy is with you all and want to take you by the hand kindly, as friend, brother, but also as FATHER and guide you home to Me. My blessing touches you upon your head, soft and cool as a breeze. - My blessing streams to you, you souls. See the redeeming light which leads you home to FATHER'S HEART! - My blessing flows across the entire earth.

*Amen*

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